

# Beyond The Stage Homes

VOLUME 1, ISSUE 1

APRIL 2009

*"Spring is a true reconstructionist"*

*-Henry Timrod*



*"Don't agonize.*

*Organize."*

*-Florynce*

*Kennedy*



**Shauna Lynn**  
**Beyond The Stage Homes**

Professional Home Staging & Redesign

(519) 496-4301

## De-Cluttering Is Key To A Healthy Mind

Spring is a time for new beginnings. The trees, grass, and gardens are all refreshed and renewed, so why not breathe a little new life into your home? It has been closed up all winter, and deserves a fresh start this spring!

**Don't know where to start?  
That's easy...**

**De-clutter, de-clutter,  
de-clutter!**

De-cluttering your home will help to de-clutter your mind, and help you to be more productive. This means de-cluttering the areas you see, and the ones you don't. Start with the most visible. Re-evaluate the items you are show-

casing on your shelves, countertops, and window sills. Consider removing some items, leaving only a few in each display area, and start a rotation. Pack items away safely, and rotate every few months, with the seasons.

Get rid of all your "piles".

Whether these are magazines, bills, newspapers, laundry, or just miscellaneous "junk" piles, go through each one, and put everything in an appropriate place. Set a decorative dish by your front door for keys, and store bills that are waiting to be paid in an attractive wicker basket or glass bowl. The same can be done for remote controls that are not in

use.

Be sure to showcase your great organization by cleaning as you go. Vacuum under furniture, dust shelves, and clean the windows to let the light shine in.

Finally, it's time to tackle the areas you don't see. Reorganize the "junk" drawer, the cupboards, and of course, the closets. Don't be afraid to get rid of items you don't use or need any more. You'll save time and energy when you can easily find everything you're looking for.



## Clean Out The Closets

Start by clearing out all the items that you no longer wear. No more hanging on to them because "they might come back in style"! Donate these to a thrift store or charity of your choice.

Next, put away the winter clothes. Clean all winter coats and store in garment bags or dry cleaning plastic wrap and hang in a closet that does not get used, or perhaps set up a clothes rack in your basement or laundry room, out of sight.

Next, gather the bulky sweaters, scarves, hats, and long johns, and store in an air-tight sealed

container, such as a Rubbermaid® bin. Be sure to clearly mark the container so the contents can be easily identified, since hopefully it will be months before you look at these again!

Finally, empty all remaining items



from your closet. Put these back one by one. This will allow you to scrutinize each article to determine whether or not it should really be returned to the closet, or put aside to be given away. Hang neckties and belts, and pack odds and ends such as purses, scarves, and other accessories, into matching baskets or boxes.

Finally, reward yourself with a new spring outfit.